



24501 Hallwood Ct.  
Farmington Hills, MI 48335  
(248)474-7778  
fax (248) 871-0024  
www.mega-gym.com

Date: May 23, 2009

Michigan Elite Gymnastics Academy's Shirley Bradley captures the Triple Crown of Gymnastics!



Shirley Bradley, who attends Northville High School, competes as a level 9 gymnast for Michigan Elite Gymnastics Academy in Farmington Hills, Michigan. Shirley finished her season in style by being crowned the Level 9 Eastern National Champion in the all around and on vault. The Eastern National Championships were held May 8-10 in Tupelo, Mississippi.

“This is such a great accomplishment for Shirley”, coach Kim Tanskanen comments, “as she has worked extremely hard this year to accomplish her goals. She has captured the Triple Crown of Gymnastics, which you do not see very often.”

Shirley started her quest by winning the Level 9 State Championships in the all around with a 37.625, outscoring the second place finisher by over a point. Shirley also placed first on vault and bars, and second place on beam and floor.

The state meet qualified Shirley to the regional competition held April 17-19 in Muncie, Indiana. The top 6 gymnasts in each age group at the level 9 Regional competition qualified to the Level 9 Eastern National Championships.

The regional competition was tough, but Shirley stepped up her game, and was crowned the Level 9 Regional All Around Champion with a 36.875. Shirley also placed first on bars, and second on Vault and Floor. Shirley would now have the task of leading the Region 5 team into the National Championships.

The National Championships is the culminating competition for level 9 gymnasts. The top gymnasts in the country come together and compete for their regional team. Shirley led the Region 5 team, which captured the first place team award.

Shirley's teammates also competed in the Eastern National Championships, earning some individual and team awards. Rachel Dickson competed in the Junior 1 age group, and was crowned the National Champion on Bars. She also placed second in the all around and on

floor. Kalli Locklear placed second on beam in the Junior 6 age division. Kelsey Thomas (Junior 8) placed third in the all around and on bars, and her regional team placed first.

Way to go MEGA!